



Prevent their future struggles. Act now.

Call +254 758 701 994
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Group Therapy

We offer engaging indoor and outdoor group therapy in the form of enriching camps and retreats where children and teens can build confidence and social skills in a fun, supportive setting within the country. Your child will learn peer connection and leadership, especially if they feel isolated, have a hard time initiating friendships, struggle with expressing themselves in groups, are shy, or need to build resilience after a difficult period.



Child Psychotherapy

Our experts provide compassionate care to help children and teens understand and manage big emotions, from anxiety and emotional outbursts to coping with difficult transitions like divorce, grief and loss, depression, or moving to a new school. We empower them with the tools needed to build resilience and a strong emotional foundation for a healthy future.



Speech & Language Therapy

We empower your child's voice by helping them develop the skills to communicate clearly and confidently. Our therapy focuses on improving early language development, addressing stuttering and fluency issues, and helping children who have difficulty with pronunciation, a limited vocabulary, or struggle with social communication like turn-taking in a conversation.



Occupational Therapy

We help children thrive in their everyday world by improving fine motor skills (like writing and dressing), gross motor skills (like running and jumping), sensory processing (being overly sensitive to loud sounds), coordination, and developing independence in daily activities like eating and playing. Our goal is to help your child gain confidence at home and in school.



Behavioral & Academic Learning

Our support is designed to unlock your child's full academic and social potential, whether they are facing homework meltdowns, difficulty focusing in class, struggling to make friends, having trouble with organization and planning, or dealing with a lack of motivation. We provide personalized strategies to help them manage their actions and succeed.

Session Bookings

Our Sessions are **Ksh 3000** per individual Child. Work or House Calls transport costs will be factored in. Bookings are done between 8am and 6pm daily.

Hospital Sessions
Mon-Sun 8am-8pm

On-line Sessions
Mon-Sun 6am-10pm

House or Work Calls
Mon-Sun 8am-5pm



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